



## ESC Training 2017/18

October 2017

ESC's training program for the 2017/18 season is full of action, fun and learning.

The big news is that we will be running a Racing Clinic to support some of our newer sailors make the transition to Club Racing. We will also be adding a Powerboat Handling course for our budding rescue boat operators and race officers. And that's all on top of our regular learn to sail courses for adults, teens and tackers.

### Racing Clinic

Participants in the Racing Clinic will be coached and supported (on and off the water) by a dedicated Australian Sailing accredited instructor.

The Racing Clinic will run on selected Saturday's (13 in total) across the season and will be integrated into the Club's regular racing program.

- Program 1 commences 11 November
- Program 2 commences 20 January
- Program 3 commences 17 March

Depending on conditions and the composition of the group, Racing Clinic participants may sail a simplified or shortened course. On days when the wind is too strong, coaching will be on-land and theory based covering topics such as sailing rules, boat and sail trimming, and sneaky racing tactics.

Participation in the Racing Clinic is free for ESC members. If you don't have a boat, no problems, the Training team can help you out.

### Powerboat Handling Course

In an effort to increase our pool of race day powerboat operators, the Club will run an Australian Sailing compliant Powerboat Handling course over two consecutive Sunday's in December (3<sup>rd</sup> & 10<sup>th</sup>).

The Powerboat course will be delivered by Australian Sailing accredited instructors using ESC powerboats. The course is seen to be the industry standard boating course for sailing club volunteers and instructors. The course is recognised by Transport Safety Victoria, allowing successful participants to apply for a Victorian Recreational Boat Licence without further testing.

The Powerboat course will be offered free to ESC members. Spaces are limited, so please let Amanda know ASAP if you're keen.

### Introduction to Sailing Courses - Dinghy Start Sailing and Tackers

Like last season, we will again be running a series of introductory sailing courses under the Australian Sailing framework.

- Dinghy Start Sailing (teens & adults) – course 1 commences 11 November; course 2 commences 3 February
- Tackers (7-12yo) – holiday courses in January and one 5-8 week school time program commencing 3 February

This season, ESC Members and their families (partners, children and grandchildren) will receive a 33% discount on all our sailing courses. If you know of anyone who might be interested in doing one of these courses, please point them in the direction of the Training team.

### ATV and Forklift Training

For safety reasons, any person operating the Club's ATV or forklift must be authorised to do so by the Club. A list of approved operators is posted on the boatshed notice board.

Should you wish to operate the ATV or forklift and don't currently have authorisation, please contact Amanda and she will arrange training.

### Training Team

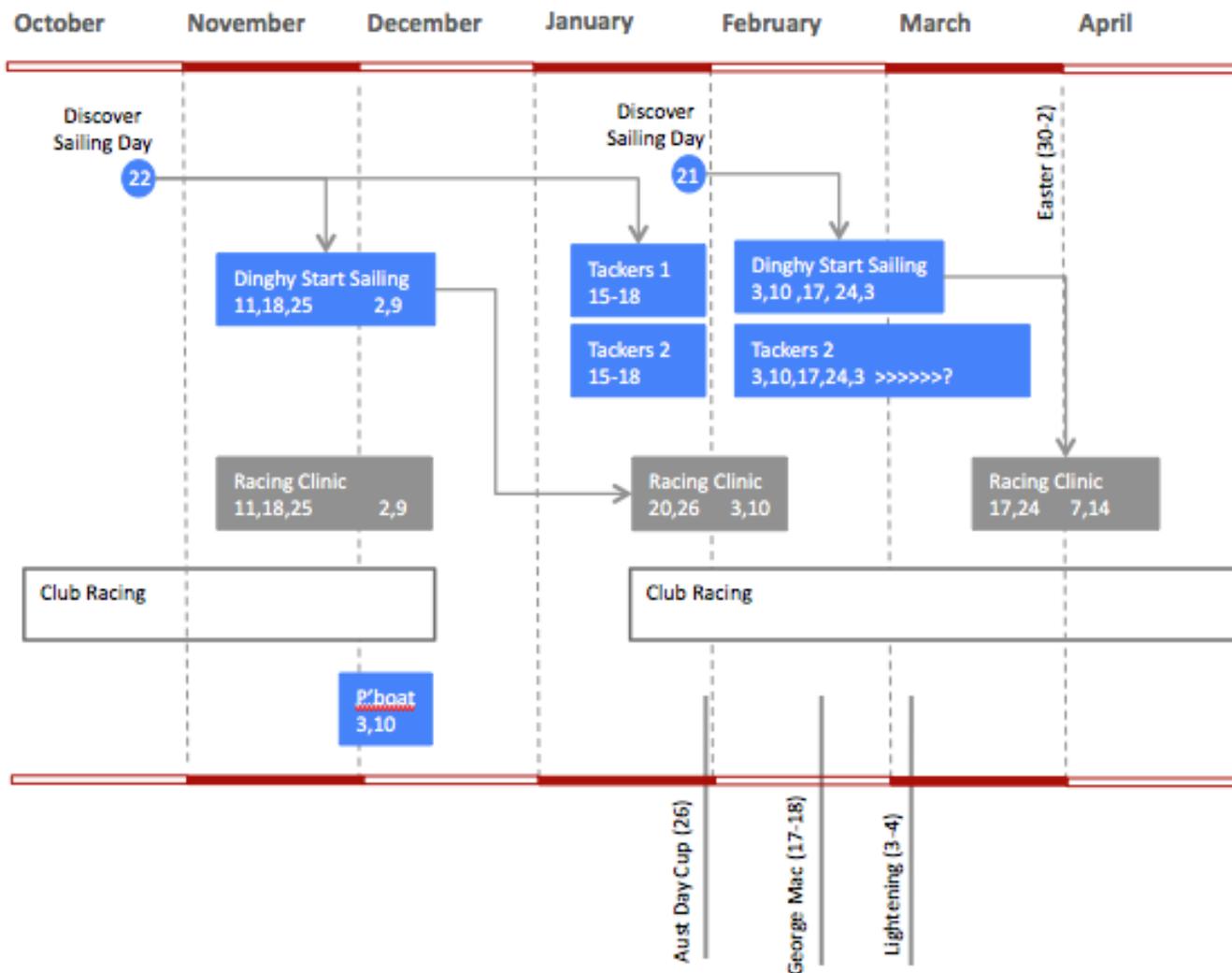
As the Committee representative for training, Martin will be working closely with Amanda to deliver the 2017/18 program. Please don't hesitate to contact Martin or Amanda if you have any training related questions, wish to register for a course, and/or put your hand up to help.

- Tel: 03 9531 4743
- Email: [training@elwoodsc.com](mailto:training@elwoodsc.com)

Lastly, a big thanks to Doug, Amanda and Croften for their huge effort on all things training last season. ESC Training is *in great shape and fighting fit* thanks to their hard work.



## 2017/18 Training Calendar



Best of luck for the 2017/18 season from the Training team.

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Committee Member, Training

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