



Introduction to Club Racing Programs - 2013/14 Season

For recent graduates of ESC 'Start Sailing – Dinghy' training programs, with the aim of building on the basic sailing skills learnt and progression to club racing at ESC.

Program 1: Saturday October 26th to Saturday November 30th 2013

Date	Theory	Practical
Sat Oct 26 th	Sailing Instructions & Rules	Short Course Racing
Sat Nov 2 nd	Melbourne Cup / A Class regatta	No Sailing
Sat Nov 9 th	Starting Rules & Tactics	Short Course Racing
Sat Nov 16 th	Lifts & Knocks	Short Course Racing
Sat Nov 23 rd	Tactics	Short Course Racing
Sat Nov 30 th	Sail Trim & Review	Short Course Racing

Program 2: Saturday February 22nd February to Saturday 29th March 2014

Date	Theory	Practical
Sat Feb 22 nd	Sailing Instructions & Rules	Short Course Racing
Sat Mar 1 st	Starting Rules & Tactics	Short Course Racing
Sat March 8 th	Labour Day Weekend	No Sailing
Sat March 15 th	Lifts & Knocks	Short Course Racing
Sat March 22 nd	Tactics	Short Course Racing
Sat March 29 th	Sail Trim & Review	Short Course Racing

Starting at 12:00 hours for theory lecture / discussion to be followed with on water coaching

- 12:30 hours to 14:00 hours on the water with an instructor.
- After 3 weeks, weather permitting, race with club fleet after short course races.
- From completion, join club fleet for racing commencing at 1400 Hours

Requirements:

- Participants are financial sailing (senior/family/junior) ESC members.
- Preference will be given to new members and recent graduates of ESC's 'Start Sailing – Dinghy' and 'Get into Small Boat Sailing' training courses.
- Require payment of \$50 boat maintenance fee before commencing course.

To register for the course please email training@elwoodsc.com ASAP.