



Introduction to Club Racing Programs - 2012/13 Season

For recent graduates of ESC 'Get into Small Boat Sailing – Basic' and 'Start Sailing – Dinghy' training programs, with the aim of building on the basic sailing skills learnt and progression to club racing at ESC.

Program 1: Saturday October 27th to Saturday December 1st 2012

Date	Theory	Practical
Sat Oct 27 th	Sailing Instructions & Rules	Short Course Racing
Sat Nov 3 rd	Starting Rules & Tactics	Short Course Racing
Sat Nov 10 th	Lifts & Knocks	Short Course Racing
Sat Nov 17 th	Tactics	Short Course Racing
Sat Nov 24 th	Sail Trim	Short Course Racing
Sat Dec 1 st	Review	Short Course Racing

Program 2: Saturday February 9th February to Saturday 23rd March 2013

Date	Theory	Practical
Sat Feb 9 th	Sailing Instructions & Rules	Short Course Racing
Sat Feb 16 th	Starting Rules & Tactics	Short Course Racing
Sat Feb 23 rd	Lifts & Knocks	Short Course Racing
Sat March 2 nd	Tactics	Short Course Racing
Sat March 9 th	Labour Day Weekend	no sailing
Sat March 16 th	Sail Trim	Short Course Racing
Sat March 23 rd	Review	Short Course Racing

Starting at 12:00 hours for theory lecture / discussion to be followed with on water coaching

- 12:30 hours to 14:00 hours on the water with an instructor.
- After 3 weeks, weather permitting, race with club fleet after short course races.
- From completion, join club fleet for racing commencing at 1400 Hours

Requirements:

- Participants are financial sailing (senior/family/junior) ESC members.
- Preference will be given to new members and recent graduates of ESC's 'Start Sailing – Dinghy' and 'Get into Small Boat Sailing' training courses.
- Require payment of \$50 boat maintenance fee before commencing course.

To register for the course please email training@elwoodsc.com ASAP.